

Belly Dance Amethyst

Term 1, 2024

January 29th - April 6th

Day	Mörnina	lunchtime	Évenina: blöck 1	Évenina: blöck 2
Monday	10 - 11 am @ Bridgewater TBA Teacher: Claire Open Level Zoom available		6 - 7 pm GOTHIC FUSION Choreography Teacher: Annie Intermediate/Advanced Zoom available	7 - 8 pm GOTHIC FUSION Seated Dance + fan Teacher: Annie Intermediate Zoom available
Tuesday		12.30 - 1 pm BREATHE & FLOW guided movement meditation Teacher: Claire Open Level Zoom available	6 - 7 pm MEDATIVE FUSION 'A Minute to Breathe' Teacher: Lorraine Intermediate/open	7.15 - 8.15 pm SWORD Teacher: Claire Intermediate Zoom available
Wednesday		1 - 1.20 pm MEDITATION & MINDFULNESS Teacher: Claire Open Level Zoom available	6 - 7 pm OPEN TECHNIQUE Hot Combos Teacher: Eliza Beginners welcome Open Level Zoom available	7.30 - 8.30 pm BARRE FITNESS Teacher: Claire Open level
Thursday		12.30 - 1 pm LOSEN UP (general belly dance technique and combos) Teacher: Claire Open Level Zoom ONLY	6.30 - 7.30 pm BARRE FITNESS Teacher: Claire Open Level Zoom available	7.45 - 8.45 pm TEMPLE FUSION Choreography & Improv Format, with candles Teacher: Claire Intermediate Zoom available <hr/> 7 - 8 pm @ Bridgewater ORIENTAL Veil Entrance (minimal turns) Teacher: Kate Open Level Zoom available
Friday			6.30 - 7.30 pm BABYLONIA TRIBAL Skills and Drills Teacher: Solange Intermediate	7.30 - 8.30 pm BABYLONIA TRIBAL Choreography Teacher: Solange Intermediate
Saturday	10.30 - 11.30 am FAKELORE/BASKET DANCE Teacher: Claire Progressive Level	Workshops TBA		

*Classes will run when a minimum of 4 students are enrolled

*Fees dues by week 3, late fee of 5% total fee applies

*Missed classes may be made up with video recordings, or technique based classes. Classes do not carry over to next term